**Understanding Nutrition, Healing & Cancer**

The body needs the following to be healthy: (Enzymes, amino acids, vitamins, minerals, salts, hormones, & elements)

1. Clean water in adequate amounts. That is your total number of lbs. divided by two. This will give you the number of ounces minimum range you should drink daily. Barring heat stresses.
2. Whole foods. This is food containing vitamins, minerals, & enzymes.
	1. Cooking kills enzymes. Cooking above the 116 F kills all enzymes.
	2. All canned and bottled foods contain no enzymes because they are cooked before processing.
	3. Frozen vegetable fruits contain little or no enzymes because they are dipped in hot water before freezing.
	4. Raw fruit and vegetables may be enzyme deficient. Why? They are usually picked green so they can be shipped 1,500 to 2000 miles or more. They ripen in transit. However, they are nutrition incomplete because they did not ripen on the vine. Enzymes only develop in ripen produce.
	5. Irradiating food or treating foods with preservatives also destroys enzymes.

Cancer cells hang around in your body and become active in low oxygen environments. Cancer cells develop because of the absence of or inadequate presence of enzymes that are capable of stripping the fibrin away from the individual cancer cells. When your body has adequate enzymes, the enzymes keep the fibrin stripped from the cancer cells so your body’s immune system can destroy and remove the cancer. A standard of 2% Ozone also would keep cancers down.

In cases of full cancers as in ear cancer: What has worked Ozone Therapy, Hyperbaric Therapy -\_peroxide intravenous drip, chelation & peroxide bathing. With a chlorophyll paste therapy on the ear tissue – to encourage cell growth. Flood the body with oxygen, remove wastes with colonics, and with a DMSO (a solvent sulphur supplement). This combination made it impossible for the aberrant cancer cells to remain in the mans body. Can’t be done at home because of the intravenous drips . **Dr. Boyce’s protocol.**

Cancer cells ferment glucose for food. This fermentation causes lactic acid which in turn lowers pH numbers. Making the body acidic. When the body is acidic DNA & RNA can no longer control cell division further allowing cancer cells to multiply wildly. Lactic acid causes severe local pain. This also tells you that a diet high in sugars/starches i.e. glucose is a bad idea.

Eniva’s Ionic Cesium – the most absorbable, is used in conjunction with Oxygen Therapies to literally starve cancer cells to death. It quickly brings the body to a PH level of 8. This is deadly to cancer. However the Cesium is so active you must take ionic minerals & electrolytes with it . Cesium is a mineral, the most alkaline one. CsCl –[alkali salt cesium chloride]

Normal pH (7.35-7.45). When oxygen therapy and cesium raise the body to 8 pH pain reportedly stops in 12-24 hours. Keeping the pH a level 8 for a few days kills the cancer. Then the body can absorb and eliminate the cancer from the body. The oxygen is the only way to completely eliminate it, as it has to combine with the waste to flush out. **This is from the finding of Dr. Otto Warburg**

Cesium as a cancer treatment and preventive is a inexpensive and non-toxic over unlimited time.

Cesium Information: Dr Darryl Wolfe Of Wolfe Clinic of Canada

Osteoporosis and cancer go hand in hand because the lactic acid cancer produces. Your body uses large amounts of alkaline calcium in the attempt to neutralize itself.

At a pH of 7.6 cancer cell division will stop. At a pH of 8.0 to 8.5 the life span of cancer cells is shortened to hours.

**Four steps to changing a health cell into cancer cells.**

1. **Disturb the cell membrane**
2. Carcinogens
3. Energy
4. Buildup of toxins:
5. Injury
6. Parasites

1a. Blocks oxygen enter to cell thus also disturbing the cell membrane: X-rays, aplha-, beta- or gamma rays, UV & other

1b. Chemical & physical factors including emotional stresses can cause oxidative damage to cells from free radicals[[1]](#footnote-1).

These are not only instigators of cancer but virtually all degenerative illnesses including: allergies and auto-immune diseases, multiple sclerosis, rheumatoid diseases, immune suppression syndromes, most endocrine disease including diabetes, hypothyroidism, adrenal insufficiency and many others.

Glucose can still enter the cell in these situations but oxygen can’t. This makes the cell anaerobic. (no or low oxygen). This cell is now a disease, viruses, negative bacteria or cancer factory .

 **2. Absence of Oxygen**

 **A**. glucose to lactic acidation because of fermentation

 A1. pH drops 7.3 to 7

 A2. pH drops further 6.5

 A3. in advanced cancer & metastases pH 6.0, or even 5.7

**Four steps to changing a health cell into cancer cells.**

1. DNA and RNA in a acidic medium lose positive and negative radical sequencing. Nucleic acids and amino acids entering and those within the cell are mutated.
2. Loss of control mechanism and spread of cancer cells. In an acidic medium, the cell enzymes are changed in structure and function. Now the good natural cell enzyme processes become ineffective, the cell completely loses its control mechanisms, and chromosomal aberration (cancer cells) may occur.

**Studies of Dr. A. Keith Bewer**, Ph.D.

To make any cancer therapy effective you must incorporate the THE CROWN JEWELS OF HEALTH.

Many people would rather die then change their diets, and they often do. These therapies addressed though out this site may clean you out, and get you through your current emergency. BUT, without a radical change in lifestyle and eating habits it is likely you won’t remain cancer or disease free.

If you don’t change what got you here to this point in your health crisis, Your habits will keep you in your current mess.

The greatest challenge in cancer recovery or poor health recovery is *getting the patient to take responsibility for his or her health.*

*The second is getting your health care professional to think outside of the BOX.* The only way you will be effective with them is to be a VERY educated and VERY PATIENT.

Third, no matter how sick or tired you are don’t give up. Today may be the day the information comes to you, a new treatment comes out, day the MD gets it, or the day your disease stumbles and you’re on the step up to better. If you stop trying, you’re done. Educate whoever you can so they can stand with you on your body drained days and be your voice. Meanwhile eat WELL and Heal!

Follow the advice of COMPETANT health practitioner and maintain the necessary diet and lifestyle changes for the REST of your life.

 So what would happen if all cancer patients had diets like:

1. Ozone injections by health care professional
2. Enzyme Bromelain – found in pineapples Naturopaths use Bromelain to dissolve dead cancer cells.
3. Ate antioxidant rich LIVE foods
4. Supplements with shale minerals
5. Coral calcium
6. Ionic Cesiom
7. DMSO & MSM while drinking plenty of clean water

**Sugar Carving**

Yeast infections are from Candida, an anaerobic fungal. With yeast infections you carve sugar because the glucose to acidic fermentation. They have set in motion a toxic effect on a cellular level. Low oxygen because of the body trying to clean itself.

You may not realize this but antibiotics kill the good flora and good bacteria in your digestive system. These protect you and digest your food. Almost everyone develops full yeast infection within two years of using antibiotics. The medications used to kill yeast infections are more antibiotics. I didn’t know this either and ended up doing myself serious harm trying to prescription ally kill off my yeast infections.

So now I have asthma,& allergies. I am fat, sick and nearly dead.

I have on going yeast infections, fatigue, year around allergies including chemical and metal allergies, and mild asthma. I have been prescribed a high number , at times continuous administered antibiotics.

 It should have been no surprise to my health care professional that my digestion ceased to function and I developed diseases which are caused by nutritional deficiencies which cause auto immune diseases, etc. A viscous chain of events. The story I got until I wizened up was, we don’t know what is wrong, or why. Oh yes they do!

They just don’t have a pill cure!

I have implemented: detox with SOQI equipment( which gets the lymph system, digestive system, circulatory system going), herbs, & Ozone (Oxygen treatments orally), diet change, studying everything I can get my hands on about nutrition. My asthma has gone away. Yeast almost gone. Sugar carving are gone most of the time. No longer have extreme carvings. I am no longer hungry day and night or fat. My energy is up, my malnutrition better (never ever showed up on lab blood work) is better, auto-immune diseases are slowly improving.

However, since my health got they bad, this will be a life-long treatment because auto immune disease set in.

Don’t let your health develop into auto immune diseases, taking corrective changes in your life now, can save yourself the battle of hypothyroidism, diabetes, heart disease, cancer, etc.

Harmful bacteria can live that are aerobic can live in air but not in *active oxygen*. Salmonella, Shigella, E Coli , etc pass through our systems all the time. We don’t get sick from them until we have low oxygen environments.

Active oxygen environments keep the colonies of good bacteria stronger and more active then the bad bacterica mentioned above. Keeping us well.

(Enzymes, amino acids, vitamins, minerals, salts, hormones, & elements)

1. **Wikipedia** on line: free radicals play an important role in a number of biological processes. Some of these are necessary for life, such as the intracellular killing of bacteria by phagocytic cells such as [grancytes](http://en.wikipedia.org/wiki/Granulocyte) and [macrophages](http://en.wikipedia.org/wiki/Macrophage). Researchers have also implicated free radicals in certain [cell signaling](http://en.wikipedia.org/wiki/Signal_transduction) processes.[[6]](http://en.wikipedia.org/wiki/Radical_%28chemistry%29#cite_note-5) This is dubbed [redox signaling](http://en.wikipedia.org/wiki/Redox_signaling).

The two most important oxygen-centered free radicals are [superoxide](http://en.wikipedia.org/wiki/Superoxide) and [hydroxyl radical](http://en.wikipedia.org/wiki/Hydroxyl_radical). They derive from molecular oxygen under reducing conditions. However, because of their reactivity, these same free radicals can participate in unwanted side reactions resulting in cell damage. Excessive amounts of these free radicals can lead to cell injury and [death](http://en.wikipedia.org/wiki/Death), which may contribute to many diseases such as [cancer](http://en.wikipedia.org/wiki/Cancer), [stroke](http://en.wikipedia.org/wiki/Stroke), [myocardial infarction](http://en.wikipedia.org/wiki/Myocardial_infarction), [diabetes](http://en.wikipedia.org/wiki/Diabetes) and major disorders.[[7]](http://en.wikipedia.org/wiki/Radical_%28chemistry%29#cite_note-6) Many forms of [cancer](http://en.wikipedia.org/wiki/Cancer) are thought to be the result of reactions between free radicals and [DNA](http://en.wikipedia.org/wiki/DNA), potentially resulting in [mutations](http://en.wikipedia.org/wiki/Mutation) that can adversely affect the [cell cycle](http://en.wikipedia.org/wiki/Cell_cycle) and potentially lead to malignancy.[[8]](http://en.wikipedia.org/wiki/Radical_%28chemistry%29#cite_note-7) Some of the symptoms of [aging](http://en.wikipedia.org/wiki/Senescence) such as [atherosclerosis](http://en.wikipedia.org/wiki/Atherosclerosis) are also attributed to free-radical induced oxidation of many of the chemicals making up the body.[[*citation needed*](http://en.wikipedia.org/wiki/Wikipedia%3ACitation_needed)] In addition free radicals contribute to [alcohol](http://en.wikipedia.org/wiki/Alcohol)-induced [liver](http://en.wikipedia.org/wiki/Liver) damage, perhaps more than alcohol itself. Radicals in [cigarette](http://en.wikipedia.org/wiki/Cigarette) [smoke](http://en.wikipedia.org/wiki/Smoke) are implicated in inactivation of [alpha 1-antitrypsin](http://en.wikipedia.org/wiki/Alpha_1-antitrypsin) in the [lung](http://en.wikipedia.org/wiki/Lung). This process promotes the development of [emphysema](http://en.wikipedia.org/wiki/Emphysema).

Free radicals may also be involved in [Parkinson's disease](http://en.wikipedia.org/wiki/Parkinson%27s_disease), senile and drug-induced [deafness](http://en.wikipedia.org/wiki/Deafness), [schizophrenia](http://en.wikipedia.org/wiki/Schizophrenia), and [Alzheimer's](http://en.wikipedia.org/wiki/Alzheimer%27s).[[9]](http://en.wikipedia.org/wiki/Radical_%28chemistry%29#cite_note-8) The classic free-radical syndrome, the iron-storage disease [hemochromatosis](http://en.wikipedia.org/wiki/Hemochromatosis), is typically associated with a constellation of free-radical-related symptoms including movement disorder, psychosis, skin pigmentary [melanin](http://en.wikipedia.org/wiki/Melanin) abnormalities, deafness, arthritis, and diabetes mellitus. [The free radical theory of aging](http://en.wikipedia.org/wiki/Free-radical_theory) proposes that free radicals underlie the [aging process](http://en.wikipedia.org/wiki/Senescence) itself. Similarly, the process of [mitohormesis](http://en.wikipedia.org/wiki/Hormesis) suggests that repeated exposure to free radicals may extend life span.

Because free radicals are necessary for life, the body has a number of mechanisms to minimize free-radical-induced damage and to repair damage that occurs, such as the [enzymes](http://en.wikipedia.org/wiki/Enzyme) [superoxide dismutase](http://en.wikipedia.org/wiki/Superoxide_dismutase), [catalase](http://en.wikipedia.org/wiki/Catalase), [glutathione peroxidase](http://en.wikipedia.org/wiki/Glutathione_peroxidase) and [glutathione reductase](http://en.wikipedia.org/wiki/Glutathione_reductase). In addition, [antioxidants](http://en.wikipedia.org/wiki/Antioxidant) play a key role in these defense mechanisms. These are often the three vitamins, [vitamin A](http://en.wikipedia.org/wiki/Vitamin_A), [vitamin C](http://en.wikipedia.org/wiki/Vitamin_C) and [vitamin E](http://en.wikipedia.org/wiki/Vitamin_E) and [polyphenol antioxidants](http://en.wikipedia.org/wiki/Polyphenol_antioxidant). Further, there is good evidence [bilirubin](http://en.wikipedia.org/wiki/Bilirubin) and [uric acid](http://en.wikipedia.org/wiki/Uric_acid) can act as antioxidants to help neutralize certain free radicals. Bilirubin comes from the breakdown of [red blood cells](http://en.wikipedia.org/wiki/Red_blood_cell)' contents, while uric acid is a breakdown product of [purines](http://en.wikipedia.org/wiki/Purine). Too much bilirubin, though, can lead to [jaundice](http://en.wikipedia.org/wiki/Jaundice), which could eventually damage the central nervous system, while too much uric acid causes [gout](http://en.wikipedia.org/wiki/Gout).[[10]](http://en.wikipedia.org/wiki/Radical_%28chemistry%29#cite_note-9) [↑](#footnote-ref-1)